



KALIMPONG COLLEGE

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(Govt. Aided)

ACCREDITED BY NAAC WITH GRADE 'B++' (CYCLE 2)

RINKINPONG ROAD, P.O. & DIST. KALIMPONG, WEST BENGAL, PIN-734301

Email: principalkalimpongcollege@gmail.com

03552-351002

Website: www.kalimpongcollege.org.in

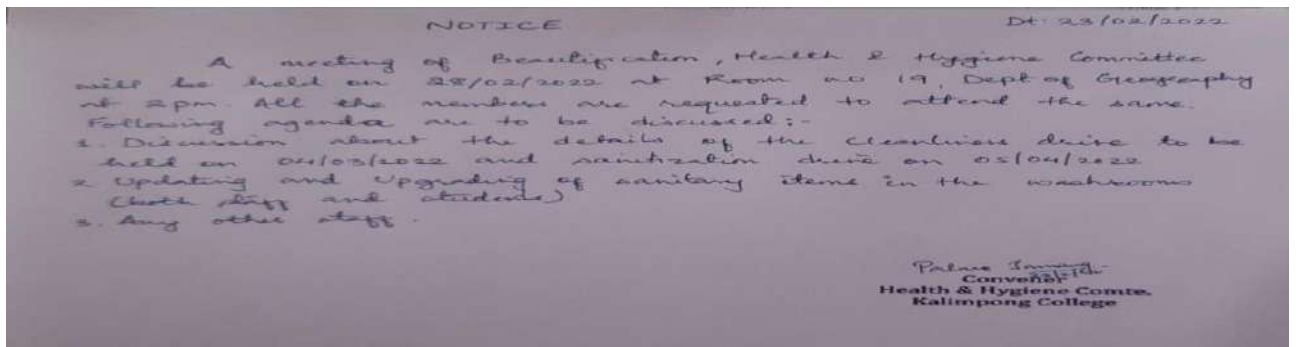
Beautification, Health & Hygiene Committee

This Committee is formed in order to look after the beautification of the College, and also to maintain the health and Hygiene of the College. The committee tries to maintain these through various activities like Seminar on health creating awareness among students and faculties, Vaccination Camps, Campus Cleaning on a weekly basis on Saturdays, Special Cleaning that includes overall cleaning including classrooms, sanitization of the campus, planting of the saplings, flowers in order to maintain the beauty of the College Campus.

- 1. Name of the Members current session:**
 - i) Miss Palmo Tamang (Convenor)
 - ii) Dr. Manik Lal Acharjee (Member)
 - iii) Mrs. Nisha Bagdas (Member)
 - iv) Dr. Momtaj Begum (Member)
 - v) Mr. Jiten Mangar (Member)
 - vi) Mrs. Jennifer Lama (Member)
 - vii) Mr. Bikash Basor (Member)

ACTIVITIES UNDER THIS COMMITTEE

- 2. Special Cleaning Programme At Kalimpong College By Beautification, Health And Hygiene Committee (05/03/2022)**



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Teacher In-Charge
(Prof. Mrs. Devi Chettri)
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2.1 Members present in the meeting: i) Miss Palmo Tamang (convenor)

ii) Dr. Manik Lal Acharjee (Member)

iii) Mrs. Nisha Bagdas (Member)

iv) Dr. Momtaj Begum (Member)

v) Mr. Jiten Mangar (Member)

vi) Mrs. Jennifer Lama (Member)

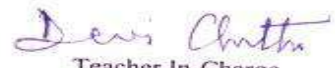
vii) Mr. Bikash Basor (Member)

2.2 Resolutions Passed in the Meeting

- Campus cleaning to be undertaken on 05/03/2022 from 11 am onwards with the help of NSS and NCC volunteers.
- Sanitization of the College to be done on 06/03/2022 with the efforts of College and Kalimpong Municipality.
- Upgrading of essential washrooms items to be upgraded. New Dustbins, handwashes and mugs to be installed in all the washrooms for both Staffs and students (both males and females)

2.3 Report on the activity: The first Special cleaning programme of the Kalimpong College Campus was undertaken on 05/03/2022 by the efforts of members of Beautification, Health and Hygiene Committee with the help of 22 NCC and 05 NSS Volunteers. The programme was set to occur on that day with the prior permission of the Principal, Kalimpong College along with the suggestions provided by the senior teachers of the college. The cleaning was specially done after keeping in mind the start of offline classes from 07/03/2022. The college office also provided us with all the help and required materials provided for the cleaning. The cleaning programme started at around 11 in the late morning with the dusting of various classrooms by the volunteers. Two groups of volunteers were created whereby one group went to clean the classrooms present in the old College building while the other group went to clean


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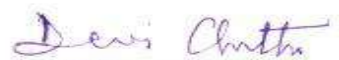
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the lower part of the campus which includes the buildings containing bigger hall like classrooms, open space outside the college Library, also the Ignou and BBA sections. Various departments and available rooms were cleaned thoroughly so as to make them dust-free and airy. The part of the old building where drinking water facility is already present was also


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dusted and cleaned. After cleaning all the rooms, the garbage were collected and taken to dispose them. Our members and volunteers worked with great zeal to make our college campus clean and waste free. Washroom cleaning was also done using washroom various sorts of washroom cleaners on the same day with the help of two persons who were hired by our office, on daily wage rate. Then, new dustbins and hand-washes were installed in every washroom (07: staff and student's washroom) to avoid littering of waste on the floor. Mugs for the washrooms were also provided on the same day. With this, the cleaning programme came to an end at around 4 in the evening. All the volunteers were provided with refreshments that were arranged at the College Canteen (financed by the college office). College Sanitization was also conducted on the next day (06/03/2022) by the Kalimpong Municipality with joint efforts of the college office and the committee.

Photos of the activities (05/03/2022 & 06/03/2022)



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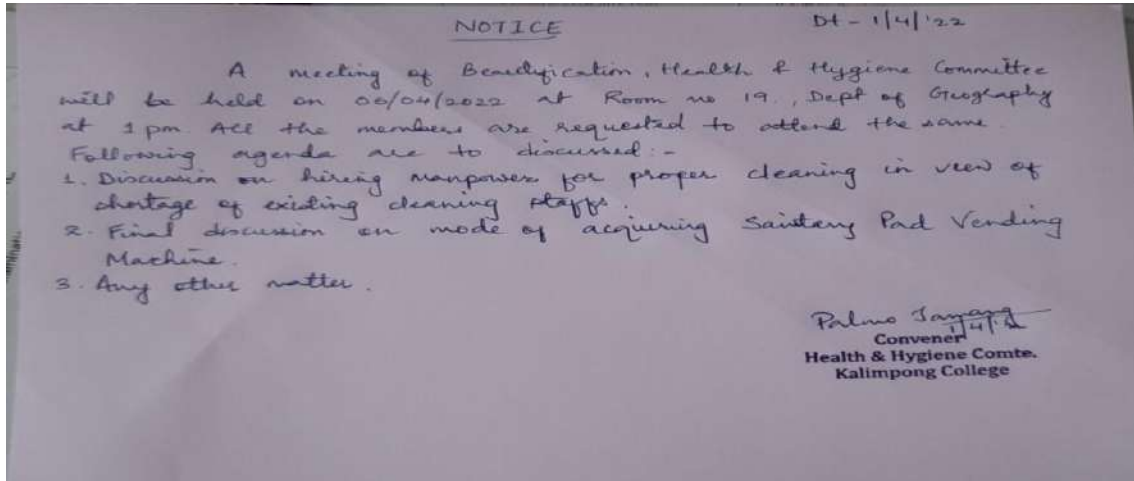
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3. Installation of Sanitary Pad Vending Machine & Incinerator



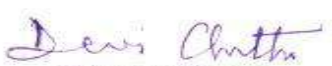
3.1 Minutes of the meeting: A meeting of Beautification, Health and Hygiene was conducted on 6th of April 2022 at room no. 19, Dept of Geography, Kalimpong College. The meeting was called to discuss about:

- the urgent need of manpower for cleaning purpose mainly for to clean the washrooms, keeping in view the shortage of existing cleaning staffs
- the need of Sanitary Pad Vending Machine that is to be installed for the female students and also to discuss about how the machine can be procured. Committee members presented various opinions on how we should contact and enquire about the machine.

3.2 Report on actions taken and Output

Menstruation is still considered to be taboo in our society where people hesitate to discuss about it. But still every month, millions of adolescent females go through the cycle of pain, discomfort, hesitation, anxiety and isolation, which shows that menstruation is a compulsion while menstrual health is a choice. In the similar context, 21st April 2022 marks an important day in the history of Kalimpong college, as the college received its first Sanitary Pad Vending Machine and an Incinerator for female students. The installation took place with combined efforts of Kalimpong Municipality and the College as a whole. Mr. Rabi Pradhan,


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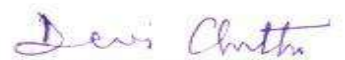
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Chairman, Kalimpong Municipality himself graced the occasion and took part in the installation of these two machines i.e. Sanitary Pad Vending Machine (capacity- 50 pads at a time) and an incinerator (which burns upto 20 pads at a time). The Sanitary Pad Vending Machine will be beneficial for all the female students in the need of time, while the incinerator


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also helps to reduce waste by burning the pads inside the machine at a temperature of above 200°C. This installation programme was attended by both the staff and the students of the college.

Considering the utmost need of an hour, another Sanitary pad vending machine and incinerator was installed on 15th Aug'22 for Female staffs. Therefore, at present the college has 2 Sanitary pad vending machines and 2 incinerators.

Link to the video showing installation of Sanitary Pad Vending Machine and Incinerator on 21st April'22 : <https://youtu.be/3YiM9bsYOrk>



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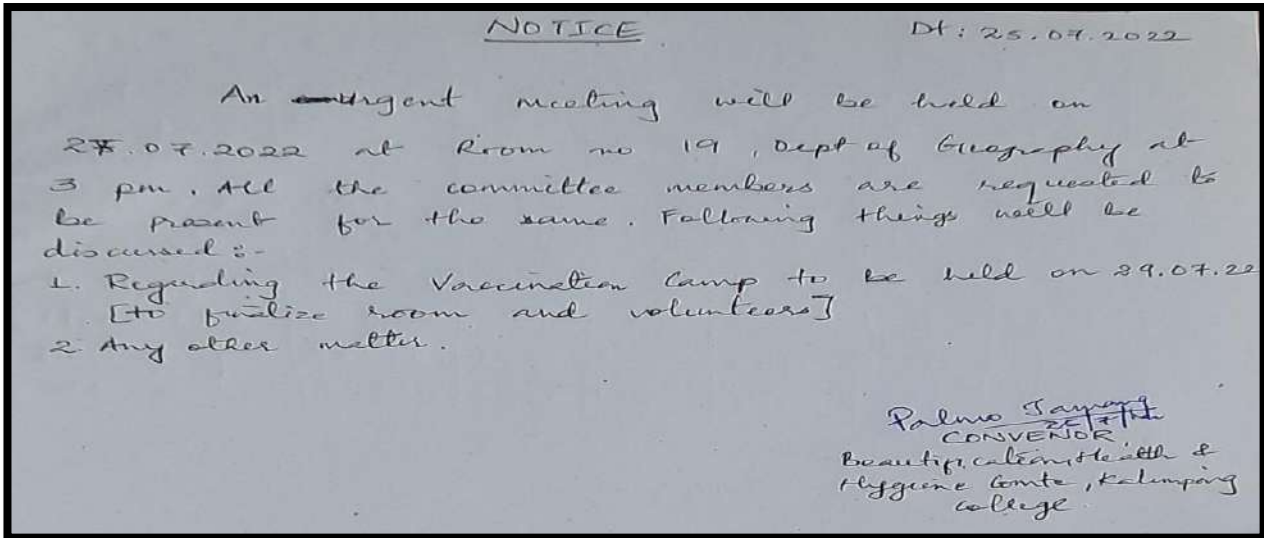
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4. Vaccination Camp at Kalimpong College



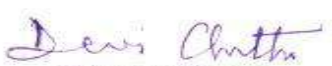
4.2 Members present in the meeting : Ms. Palmo Tamang (convenor) , Mrs. Nisha bagdas, Mrs. Jennifer Lama, Dr. Momtaj Begum, Dr. Manik Lal Acharjee, Shri Jiten Mangar.

4.3 Resolutions adopted in the meeting:

- Discussion regarding sending a notice to teachers and students about the vaccination program.
- Committee members to take the task of informing students as per the department.
- Hall to be arranged as per the instruction provided by the Health Department, kalimpong District Hospital.
- Arrangement of 10 students volunteers along with the committee members to assist the health workers during the Vaccination.
- An unanimous decision was taken to provide refreshments to the health workers, volunteers and committee members.

4.4 Report on vaccination : A vaccination Camp was organised by a joint collaboration of Kalimpong District Hospital (Kalimpong Municipality) and Beautification, Health and Hygiene Committee, Kalimpong College on 29th July 2022. Both Covaxin and Covishield


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Vaccines were made available for the students and the faculties. The vaccination started at 10 am in the morning and went on till 3pm in the afternoon. A total of 148 Covishield and 30 Covaxin was covered that day, which includes teaching, non-teaching staffs and the students. This program turned out to be a fruitful one.


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5. Campus cleaning on 13th August 2022 :

A regular campus cleaning was done on 13th August with the help of students of Geography Dept. And NSS Unit-I volunteers. The program started at around 11am and went till 2pm in the afternoon. A total of 32 students and some teachers took part in this. The activities included cleaning of the exterior of the Central Administrative Building, area near the main gate, some



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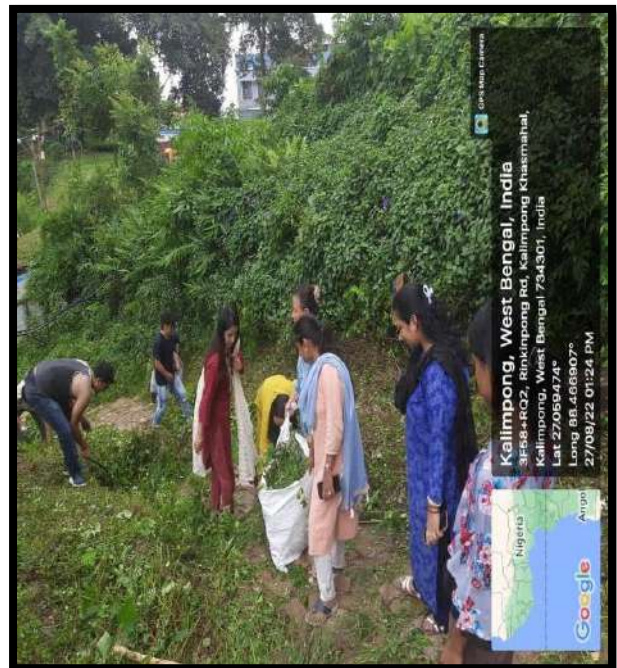
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6. Campus cleaning on 27th August 2022

Another cleanliness drive was conducted on 27th Aug'22 by Beautification, Health and Hygiene Committee in collaboration with Eco-Club and its volunteers. Many teachers also took an active part in the cleanliness program with zeal and enthusiasm. The activities include the cleaning near the main gate, planting of flowering (marigold) saplings, cleaning of the area near the RUSA building, maintenance of footpath on the back gate of the College Campus. The program ended at 2pm, which was followed by refreshments for all the participants thereafter.



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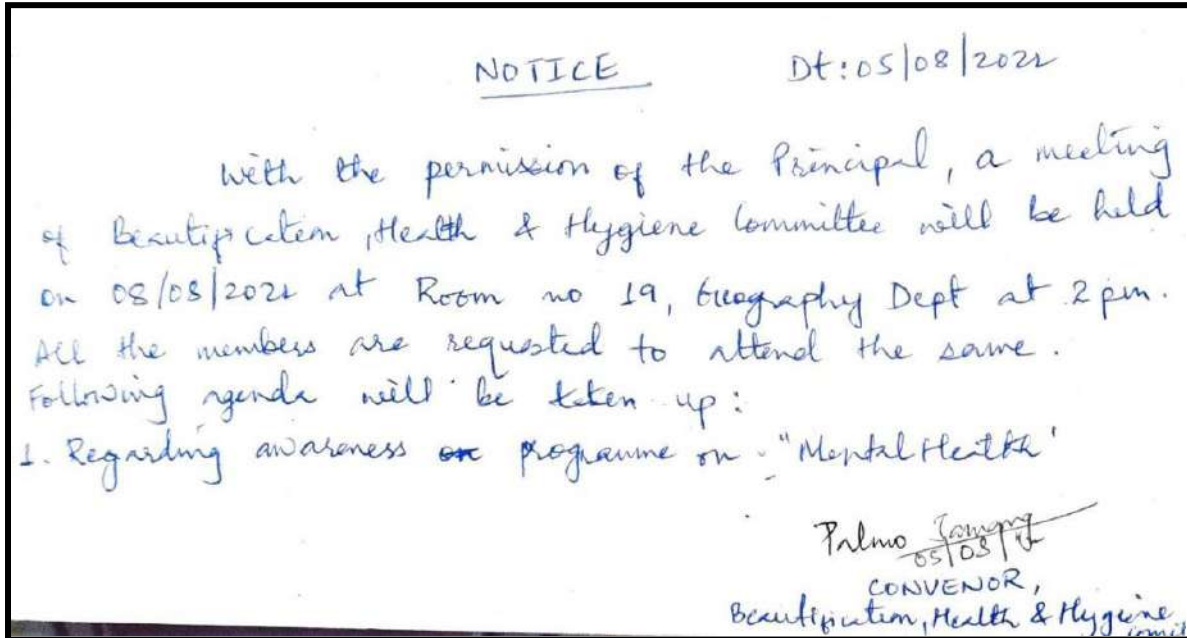
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7. An awareness programme on "Mental Health"



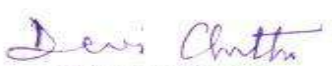
7.1 Members Present in the meeting: Ms. Palmo Tamang (convenor), Mrs. Nisha Bagdas, Mrs. Jennifer Lama, Dr. Momtaj Begum, Dr. Manik Lal Acharjee, Shri Jiten Mangar.

7.2 Resolutions taken in the meeting :

- A date in consultation with Principal sir was fixed on 29th August 2022 for the awareness programme.
- A brief discussion regarding generating of official notice to teachers and students was discussed.
- Discussion was done on which semester (honours or programme) to be part of this programme keeping view the need of awareness.

7.3 Report of the programme: An awareness program was conducted by Beautification Health and Hygiene Committee in collaboration with Department of Family and Welfare, Kalimpong Hospital. This program was a part of District Mental Health Programme that was going in different institutions in the district. The resource persons who shared their valuable


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talk were Mr. Kashtov Parajuli, Dr. Nalini Lama and Ms. Sarah Raitel. The program started with a Welcome address by the Principal, Kalimpong College. Nalini Lama presented her talk on Tobacco use and Control, which Sarah also participated in the interaction. Mr. Kashtov Parajuli spoke on “Mental Health, its types and Coping mechanisms”. The program continued for long two and half hours which includes an interaction between teachers, resource persons


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and the students. The program was attended by students and teachers of the College. The program ended with a Vote of Thanks by the Convenor of the Committee.



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